

Learn more about safer cleaning and how to protect your family from COVID-19

[www.Hazwastehelp.org](http://www.Hazwastehelp.org)

[www.kingcounty.gov/depts/health](http://www.kingcounty.gov/depts/health)

[www.shorelinewa.gov/covid](http://www.shorelinewa.gov/covid)

[www.epa.gov/coronavirus](http://www.epa.gov/coronavirus)



Safely dispose of cleaning products marked **CAUTION**, **WARNING**, **DANGER**, or **POISON** at the North Seattle Household Hazardous Waste Collection Facility.



12550 Stone Ave N  
Seattle, WA 98133  
(206) 296-4692  
Open Sunday, Monday, Tuesday:  
9:30 a.m. to 4:30 p.m.

PRSRT STD  
US POSTAGE  
**PAID**  
SEATTLE, WA  
PERMIT #937



17500 Midvale Ave N  
Shoreline, WA 98133

# SAFER CLEANING &



# COVID-19

**Follow these recommendations on safer cleaning methods and disinfecting for germs to help prevent the spread of disease.**

General cleaning followed by disinfecting can remove germs that cause diseases like COVID-19. Approaching your cleaning by using the least hazardous cleaning products and methods is the best way to keep everyone in your home safe.

Printed on recycled content paper.



## KNOW THE RISKS



**ASTHMA**  
(if preexisting)

Many cleaning supplies and household products contain chemicals that can irritate the eyes or throat, cause headaches, and other health problems like asthma. This is due to breathing in fumes from products like bleach or absorbing chemicals in your skin. Switching to a safer cleaning method or product can help avoid these health risks.



**IRRITATED SKIN**



**IRRITATED EYES**



**HEADACHE**

## USE LESS TOXIC CLEANING PRODUCTS

Avoid products with the words **CAUTION, WARNING, DANGER,** or **POISON** on the label. These contain toxic chemicals that are harmful to your health.



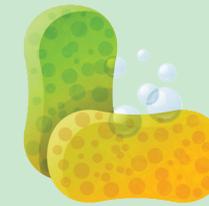
Instead opt for products that have a label that says EPA “Safer Choice” or “Cradle to Cradle.” These safe and responsible products are less toxic and pose less risk to your health.

You can make household cleaners from common ingredients like baking soda, vinegar, dish soap, and water. These can be combined and used to clean most surfaces in your home.

Check out safer cleaning recipes at [Hazardhelp.org](http://Hazardhelp.org).

## GET SAFER CLEANING TOOLS

Use water or a less toxic cleaning product with these tools to clean most surfaces.



**SPONGE**



**DRAIN CLEANING TOOL**



**SCRUB BRUSH**



**MICROFIBER CLOTH**

## CLEAN BEFORE YOU DISINFECT

### 1 Start with cleaning

Cleaning removes germs, dirt, and impurities from surfaces or objects. Start by using soap, your less toxic cleaning solution, water and friction to physically remove dirt and germs from surfaces.

### 2 Put on protective wear

Take steps to protect your skin and eyes by wearing gloves and some form of eye protection, preferably safety glasses. Protect your lungs by opening windows to give yourself fresh air.

### 3 Disinfect after cleaning

Disinfecting destroys almost all infectious germs by chemical action, when used as the label directs. It has no effect on dirt, soil, or dust. After cleaning a surface, use an EPA-registered disinfectant appropriate for the surface. Wipe down those surfaces again.