

ORIGINAL

RESOLUTION NO. 237

**A RESOLUTION OF THE CITY COUNCIL OF THE CITY OF SHORELINE,
WASHINGTON, ESTABLISHING A CITY EMPLOYEE WELLNESS
PROGRAM**

WHEREAS, the City of Shoreline recognizes that employee health is related to lifestyle decisions and many illnesses and injuries can be prevented by positive individual health practices, and

WHEREAS, the City of Shoreline further recognizes that improvements to employee health, achievable through active workplace health promotion programs and activities, can result in better morale, reduced absenteeism and enhanced productivity and performance, and

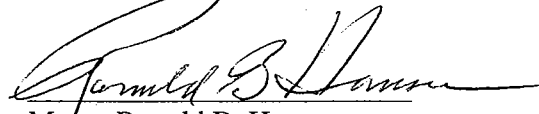
WHEREAS, the City of Shoreline has established a City Employee Wellness Program, including a Wellness Committee, aimed at preventing illnesses and injuries and promoting better morale, reduced absenteeism and enhanced productivity and performance among City employees.

**NOW, THEREFORE, THE CITY COUNCIL OF THE CITY OF SHORELINE,
WASHINGTON, HEREBY RESOLVES AS FOLLOWS:**

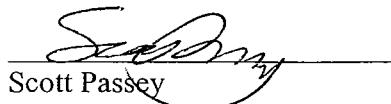
In order to contribute to the health and well-being of City employees the Wellness Program shall be dedicated to the following goals:

- Improve the quality of life through knowledge about health and lifestyle;
- Decrease the usage of health care services under provider health benefits plans;
- Reduce sick leave usage;
- Improve employee morale and well-being
- Demonstrate to employees that the City of Shoreline cares about the health and well being of its workforce;
- Increase recreational and other opportunities which lead to improved physical and emotional health and reduced stress.

ADOPTED BY THE CITY COUNCIL ON NOVEMBER 28, 2005.


Mayor Ronald B. Hansen

ATTEST:


Scott Passey
City Clerk