

SEP./OCT.

Opportunities for Active Adults

City of Shoreline Parks, Recreation & Cultural Services

Trips & Hikes

Explore new places, meet new people!

Saturday, September 7, 8am-6pm

Lake Eunice & Tolmie Peak

Explore Mount Rainier National Park on this day hike with magnificent views. #64609, \$43; w/Resident Disc: \$38

Saturday, September 21, 7:45am-7pm

Fall Colors & Festival, Leavenworth

Enjoy the Wenatchee River Salmon Festival and explore the town of Leavenworth. #64610, \$52; w/Resident Disc: \$46

Saturday, September 28, 8am-6:30pm

N. Cascade Mushroom Hike

Join us as we explore the trails around North Cascade National Park learning about the art of mushroom hunting. #64611, \$49; w/Resident Disc: \$43

Saturday, October 5, 8am-4:30pm

Skagit Farm Tour & Festival

Take a tour of select farms as part of the Skagit Valley Festival of Family Farms. #64612, \$34; w/Resident Disc: \$30

Saturday, October 12, 7am-6:30pm

Ohme Gardens & Rocky Reach Dam, Wenatchee

The Ohme Gardens took decades for Mr. and Mrs. Ohme to build and are a very special site to see. We'll also tour the nearby Rocky Reach Dam. #64613, \$52; w/Resident Disc: \$46

Transportation & Trip Guide provided on all trips.



Shoreline Walks

Join us on one of these free upcoming walks!

Thursday, September 12, 7:00pm

Twin Ponds Park Walk

A nice evening stroll around Twin Ponds Park with an extra loop around Parkwood School. Approx. 2 miles / 75minutes. Walk Rating: Easy
Meet at: Twin Ponds Park, 15401 1st Avenue NE (Parking lot on 1st by the community garden).

Friday, September 20, 11:00am

North Shoreline Land and Water Walk

A walk around north Shoreline followed by water walking at the Shoreline Pool. (pool walk is optional, bring swimsuit and money for pool admission fee.) Approx. 2 miles / 40min. Walk Rating: Easy
Meet at: Shoreline Pool parking lot, 19030 1st Ave. NE.

Saturday, September 21, 8:00am

Richmond Highlands Neighborhood

Get a workout on this long walk with beautiful views. Approx. 4 miles / 2.5 hours. Walk Rating: Difficult
Meet at: Richmond Beach Saltwater Park upper parking lot by entrance, 2021 NW 190th St.

Saturday, October 12, 9:30am

Hamlin Park Trail Walk

Get acquainted with the trails throughout Hamlin Park. Approx. 1.8 miles / 30-40min. Walk Rating: Moderate
Meet at: Hamlin Park, play area 160th.

Saturday, October 19, 10am

Shoreline Art Walk

Walk around the city to view some of the wonderful outdoor public art. Approx. 4 miles / 2 hours
Walk Rating: Moderate
Meet at: Shoreline City Hall Court Yard, 17500 Midvale Ave. N.

Ways to keep fit at Spartan Rec Center

The Spartan Recreation Center located at 202 NE 185th St. has a variety of fitness opportunities. Our weight room is open all summer long and at \$2 for residents, it's easy and affordable to just drop-in and get a great workout.

For those wanting to mix it up, try the outdoor track nextdoor at the Shoreline Stadium or the Shoreline Pool and don't forget our many fitness classes!

CALL 206-801-2600
CLICK www.ShorelineWA.gov/Adults
LIKE US [Facebook.com/SpartanRecreationCenter](https://www.facebook.com/SpartanRecreationCenter)

