



# CAMP SHORELINE

at Spartan Recreation Center

Week of July 22, 2019

## Activity & Swim Schedule

This week at Activity & Swim

Theme: **Campers' Cuisine**

A week full of cooking some of our campers' favorite foods!

### MONDAY

Homemade Chocolate Chip Banana Bread!

Start the week off with delicious banana bread, complete with mini chocolate chips of course!

### TUESDAY

Fresh Pretzels!

A favorite brought back from last summer, warm and fluffy homemade pretzels!

### WEDNESDAY

Pepperoni Pizza Bombs!

A great twist on a classic favorite, pizza in pint-sized wonders!

### THURSDAY

Spaghetti with Homemade Noodles!

Who needs store bought noodles when you have a delicious homemade pasta recipe? Let's make some spaghetti!

### FRIDAY

Caramel Cinnamon Rolls!

A sweet variation on an all-time favorite, with a super simple recipe to boot!

**Walking field trip to Cromwell Park for Water Day!**

**Permission slip will need to be signed.**

\*Activities planned for each day may change.

Camp Directors

**Camp Director:** Shawn Newkirk

**Activity Director:** Taryn Keller

## Sport & Swim Schedule

This week at Sport & Swim

Theme: **Flag Football**

This week we'll be following in the footsteps of our favorite NFL stars with Flag Football! We'll start the week brushing up on our fundamentals and then put it all together at the end with the Camp Shoreline Tournament!

### MONDAY

To warm us up, we'll start the week with some agility and speed drills to help the campers stay on their toes during the tournament.

### TUESDAY

Our next day of tournament prep will be focused on defense.

### WEDNESDAY

Last day of drills! On wednesday we will be honing our offensive skills.

### THURSDAY

Thursday marks the first day of our tournament!

### FRIDAY

Today we'll finish up the round robin tournament and find our winners in the championship game!

**Walking field trip to Cromwell Park for Water Day!**

**Permission slip will need to be signed.**

\*Activities planned for each day may change.

Camp Directors

**Camp Director:** Shawn Newkirk

**Sport Director:** Emily Hicks



# CAMP SHORELINE

## at Spartan Recreation Center

## Daily Camp Schedule

7:30-8am	8 -9 am	9-9:30 am	9:30 am	9:45am-12:00pm	12:00-1:00pm	1:00-2:30pm	2:30-3:45pm	4pm	4-5:30pm
Extended Care	Camp Check-in	Introductions, Camp Rules and Active Game	Morning Snack	Themed "Sport" or "Activity"	Lunch / recess	Group games, art activities, sports & fitness	Swimming at the Shoreline Pool	Camp Check-Out	Extended Care (snack provided)

## Reminders

### Items to Bring to Camp Daily

- Back Pack
- A Nutritious Sack Lunch and Snack
- A Water Bottle
- Swimsuit & Towel (7-12 yr olds)
- Sunscreen
- Tennis Shoes or Sport Sandals (no flip flops)
- Sweatshirt or Jacket

Please label all personal belongings with your child's name.

Please apply sunscreen to your camper before he or she arrives at camp. We will remind campers to reapply sunscreen throughout the day.

### Items Not to Bring to Camp

- Money-all activities and field trips are covered by camp tuition.
- Electronics-such as ipods, hand held video games or cameras.

### Lost and Found

Ask a counselor if you lost an item, they will help you.

### Questions?

If you have any questions or need to get in contact with us for any reason, please call **206-801-2600**.

### Drop Off/Pick Up Procedures

\*Parents and/or Guardians must escort their camper into the Spartan Recreation Center and sign their child in and out daily. Campers will not be permitted to leave the facility on their own.

\*Please let a staff member know if someone other than a parent or guardian will be picking up your child from camp.

\*Please call **206-801-2600** if you need to pick up your child early or if your child will be absent from camp. Voicemail will be checked regularly during the day.

### \*\*Important Pick Up Information\*\*

**\*Parents picking up campers BEFORE 3:45pm need to come to the Shoreline Pool. Please let us know at check-in time or call 206-801-2600 to let staff know what time you will be picking up your camper from the pool.**

\*There will be **no pickups of 7-12 year olds between 3:45-3:55pm**. Campers are walking back from the pool at this time. Please wait at the Spartan Recreation Center and your child can be picked up at 3:55pm.

### Air Quality

We monitor air quality levels throughout the day via [www.airnow.gov](http://www.airnow.gov). We may modify, move indoors or cancel camp depending on air quality levels. We'll try to give as much notice as possible for cancellations. You will be refunded for camp days cancelled due to unhealthy air quality.

More details at [www.shorelinewa.gov/campshoreline](http://www.shorelinewa.gov/campshoreline)